1 2	THE WESTON FIRM GREGORY S. WESTON (239944)	
3	JACK FITZGERALD (257370)	× 0° >
	888 Turquoise Street San Diego, CA 92109	
4	Telephone: 858 488 1672	SALS EB
5	Fax: 480 247 4553 greg@westonfirm.com	NASTRICA RECORD
67	jack@westonfirm.com	So N
8	BECK & LEE BUSINESS TRIAL LAWYERS	
	JARED H. BECK (233743)	
9	ELIZABETH LEE BECK (233742) Courthouse Plaza Building	
10	28 West Flagler Street, Suite 555	
11	Miami, FL 33130 Phone: 305 789 0072	
12	Fax: 786 664 3334	
13	jared@beckandlee.com	
14	elizabeth@beckandlee.com	
15	Counsel for Plaintiffs and the Proposed Cl	lass
16	UNITED STATES I	DISTRICT COURT
17	CENTRAL DISTRIC	
18	JENNIFER RED and REBECCA	Case No: CV10-01025 DMG(MANX)
19	YUMUL, on Behalf of Themselves and	Case Ivo.
20	All Others Similarly Situated,	<u>CLASS ACTION</u>
21		COMPLAINT FOR VIOLATIONS
22	Plaintiffs, v.	OF UNFAIR COMPETITION
23	v.	LAW, FALSE ADVERTISING LAW, AND CONSUMER LEGAL
24	THE KROGER COMPANY,	REMEDIES ACT
25		DEMAND FOR JURY TRIAL
26	Defendant.	DEMINID FOR JUNI TRIAL
27		
28		

1 0

Plaintiffs Jennifer Red and Rebecca Yumul ("Plaintiffs"), on behalf of themselves, all others similarly situated, and the general public, by and through undersigned counsel, hereby sue Defendant The Kroger Company ("Kroger") and, upon information and belief and investigation of counsel, allege as follows:

JURISDICTION AND VENUE

- 1. This Court has original jurisdiction under 28 U.S.C. §1332(d)(2) (The Class Action Fairness Act) because the matter in controversy exceeds the sum or value of \$5,000,000 exclusive of interest and costs and more than two-thirds of the members of the Class reside in states other than the state of which Defendant is a citizen.
- 2. Venue is proper in this Court pursuant to 28 U.S.C. §1391 because Plaintiffs reside in and suffered injuries as a result of Kroger's acts in this district, many of the acts and transactions giving rise to this action occurred in this district, and Kroger (1) is authorized to conduct business in this district and has intentionally availed itself of the laws and markets of this district through the promotion, marketing, distribution, and sale of its products in this district; (2) resides in this district; and (3) is subject to personal jurisdiction in this district.

<u>INTRODUCTION</u>

- 3. Plaintiffs Jennifer Red and Rebecca Yumul repeatedly purchased Kroger products containing artificial *trans* fat in California during the class period defined herein.
- 4. Artificial *trans* fat raises the risk of coronary heart disease more than any known nutritive product.
- 5. Artificial *trans* fat causes heart disease by raising the level of "bad" LDL blood cholesterol and lowering the level of "good" HDL blood cholesterol.
 - 6. Artificial *trans* fat also causes cancer.
 - 7. Artificial *trans* fat also causes type-2 diabetes.

4

8

11

10

12 13

14

15 16

17

18

19 20

21 22

23

24

25

26

27

28

- 8. Kroger ChurnGold Margarine, Kroger Soft Margarine (the "Kroger Margarine Products"), and Kroger Value Graham Crackers (together with the Kroger Margarine Products, the "Kroger Products") contain artificial *trans* fat.
- 9. Kroger nevertheless markets the Kroger Products as free of *trans* fat, which is false.
- 10. Kroger further markets its trans fat-laden Kroger Margarines as "A Cholesterol Free Product" which, while possibly true, is highly misleading because, unlike the artificial trans fat in the Kroger Margarines—which raise LDL cholesterol levels-direct consumption of dietary cholesterol is not linked to disease.
- 11. Plaintiffs seek an order that compels Kroger to (1) cease marketing and selling the Kroger Products using the misleading tactics complained of herein, (2) conduct a corrective advertising campaign, (3) restore the amounts by which Kroger was unjustly enriched, and (4) destroy all misleading and deceptive materials and products.

PARTIES

- 14. Defendant The Kroger Company is an Ohio corporation with its principal place of business in California and is the producer and manufacturer of the Kroger Products.
- Plaintiffs Jennifer Red and Rebecca Yumul are residents of California 15. who repeatedly purchased the Kroger Products for their own use in various California stores during the class period, defined below.

SUMMARY OF THE STRONG EVIDENCE OF HEALTH **DANGERS OF ARTIFICIAL TRANS FAT**

- Artificial trans fat is a manufactured food product whose basic chemical structure is different from natural fat molecules.
 - Trans fat is naturally found in trace amounts in foods derived from 16.

10 11

12

13 14

15 16

17

18

19 20

21

22

23 24

25

26 27

28

ruminant animals, primarily in cow's milk and red meat. It is also found in small quantities in human breast milk.

- 17. Also known as vaccenic acid, natural trans fat has never been linked to any negative health effect in human beings and is chemically different than artificial trans fat.
- Initial studies on rats indicate that consumption of vaccenic acid is 18. beneficial to health.²
- 19. Artificial trans fat, by contrast, is manufactured in an industrial process called hydrogenation, in which hydrogen atoms are added to normal vegetable oil by heating the oil to temperatures above 400 degrees Fahrenheit in the presence of ion donor catalyst metals such as rhodium, ruthenium, and nickel.³
- 20. The resulting product is known as partially hydrogenated vegetable oil ("PHVO"), which is a major ingredient in the Kroger Margarine products, and is the main source of *trans* fat in the American diet.⁴
- 21. PHVO was invented in 1901 and patented in 1902 by German chemist Wilhelm Normann. PHVO molecules chemically differ from the natural fat molecules in other food products, as shown in the illustrations that follow.
- 22. Natural fat, except the trace amounts of natural trans fat from ruminant animals, comes in two varieties: (1) fats that lack carbon double bonds ("saturated fat") and (2) fats that have carbon double bonds with the hydrogen

¹ Dariush Mozaffarian et al., Trans Fatty Acids and Cardiovascular Disease, 354 New Eng. J. Med. 1601, 1608 (2008).

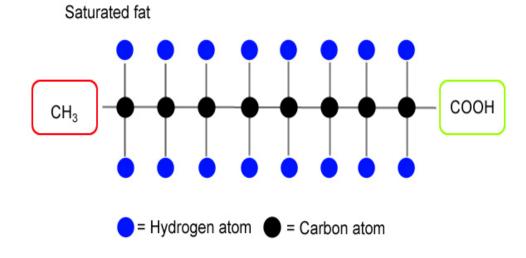
² Ye Wang et al., Trans-11 Vaccenic Acid Dietary Supplementation Induces Hypolipidemic Effects on JCR:LA-cp Rats, 138 J. Nutrition 2117 (November 2008).

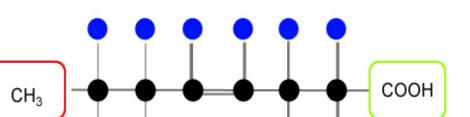
³ See Alice H. Lichtenstein, Trans Fatty Acids, Plasma Lipid Levels, and Risk of Developing Cardiovascular Disease, 95 Circulation 2588, 2588-90 (1997).

⁴ See Mozaffarian, 354 New Eng. J. Med. at 1608.

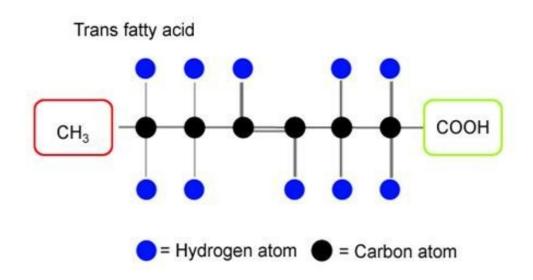
atoms on the same side on the carbon chain ("cis fat"). Trans fat, however, has double bonds on opposite sides of its carbon chain.

Cis fatty acid









23. PHVO was initially a "wonder product" attractive to the packaged food industry because it combines the low cost of unsaturated *cis* fat with the flexibility and long shelf life of saturated fat. Like *cis* fat, PHVO is manufactured from lower-cost legumes,⁵ while saturated fat is derived from relatively expensive animal and tropical plant sources.⁶

24. Like natural saturated fat, PHVO has a long shelf life, physical solidity, and flavor stability. The industrial process that adds hydrogen ions to normal vegetable oil improves food texture and permits food products to withstand heavy mechanical processing and high temperatures.⁷ Given its versatility, PHVO

⁵ e.g., corn oil, soybean oil, peanut oil

⁶ e.g., butter, cream, tallow, coconut oil

⁷ See Alberto Ascherio et al., Trans Fatty Acids & Coronary Heart Disease, 340 New Eng. J. Med. 94, 94-8 (1999). See also Ctr. for Food Safety & Applied Nutrition, U.S. Food & Drug Admin., Questions & Answers About Trans Fat Nutrition Labeling (Update 2006) (2003), available at http://www.cfsan.fda.gov/%7Edms/qatrans2.html#fn.

4

9 10

11 12

13

14 15

16

17 18

19

20

22

21

23 24

25

26

2.7

28

was recently used in 40 percent of processed packaged foods.⁸

25. Artificial *trans* fat does not exist in nature, and the human body has not evolved to digest it. The same unusual and unnatural chemical structure that gives artificial trans fat properties attractive from an industrial perspective makes it highly toxic to human health.

Trans fat causes cardiovascular disease, type 2 diabetes, and cancer.

• Heart Disease

- In a joint Dietary Guidelines Advisory Committee Report, the U.S. 26. Department of Health and Human Services and the U.S. Department of Agriculture recognized "[t]he relationship between trans fatty acid intake and LDL cholesterol is direct and progressive, increasing the risk of cardiovascular disease.",9
- Food products with trans fat harm the heart by "rais[ing] the 27. concentration of the most dangerous form of serum cholesterol (LDL cholesterol)" and "lower[ing] a protective form of serum cholesterol (HDL cholesterol)."¹⁰
- The American Heart Association notes "trans fats raise your bad 28. (LDL) cholesterol levels and lower your good (HDL) cholesterol levels. Eating trans fats increases your risk of developing heart disease." 11
- 29. After an extensive evaluation of the scientific literature on the trans fat/Coronary Heart Disease ("CHD") connection, the FDA concluded:

⁸ Mary Carmichael, *The Skinny on Bad Fat*, Newsweek, Dec. 1, 2003, at 66. *See* also Kim Severson, Hidden Killer. It's Trans Fat. It's Dangerous. And It's In Food You Eat Every Day, S.F. Chron., Jan. 30, 2002.

Dep't of Health & Human Serv. & U.S. Dep't of Agric., 2005 Dietary Guidelines Advisory Committee Report, Section 10 (2005). ¹⁰ *Id*.

Am. Heart Ass'n., Trans Fat Overview, available at http://www.americanheart.org/presenter.jhtml?identifier=3045792.

89

1011

1213

14

1516

17

18

1920

21

22 | 23 |

24

25

26

2728

[B]ased on the consistent results across a number of the most persuasive types of study designs (i.e., intervention trials and prospective cohort studies) that were conducted using a range of test conditions and across different geographical regions and populations . . . the available evidence for an adverse relationship between trans fat intake and CHD risk is strong. 12

- 30. *Trans* fat raises the risk of CHD more than any other known nutritive product.¹³
- 31. Removing 2% of daily calories from *trans* fat from the American diet "would prevent approximately 30,000 premature coronary deaths per year, and epidemiologic evidence suggests this number is closer to 100,0000 premature deaths annually."¹⁴
- 32. A study on the impact of *trans* fatty acids on heart health provides evidence that:

[E]ven the lower estimates from the effects [of PHVO] on blood lipids would suggest that more than 30,000 deaths per year may be due to the consumption of partially hydrogenated vegetable fat. Furthermore, the number of attributable cases of nonfatal coronary heart disease will be even larger.¹⁵

33. Since "the adverse effect of trans fatty acids is stronger than that of saturated fatty acids," saturated fat consumption would need to be reduced by 10

¹² Ctr. for Food Safety & Applied Nutrition, U.S. Food & Drug Admin., Questions & Answers About Trans Fat Nutrition Labeling.

¹³ Mozaffarian, 354 New Eng. J. Med. at 1603.

¹⁴ Alberto Ascherio *et al.*, *Trans Fatty Acids & Coronary Heart Disease*, 340 New Eng. J. Med. 94, 94-8 (1999).

¹⁵ W.C. Willett *et al.*, *Trans Fatty Acids: Are the Effects only Marginal?* 84 Am. J. Pub. Health 722, 723 (1994).

percent of caloric intake to have the same impact. 16

- 34. "10 to 19 percent of CHD events in the United States could be averted by reducing the intake of trans fat." 17
- 35. By raising LDL levels and lowering HDL levels, *trans* fat causes a wide variety of dangerous heart conditions, including low flow-mediated vasodilation, coronary artery disease, and primary cardiac arrest.
- 36. After conducting a crossover diet trial, Danish researchers determined that healthy men and women who maintained a high-*trans* fat diet had 21 percent lower protective HDL levels and 29 percent lower flow-mediated vasodilation ("FMD") than those on a high-saturated fat diet. Since FMD measures the percent increase between the diameter of the artery at ordinary and at maximum dilation, low FMD is "a risk marker of coronary heart disease.¹⁸
- 37. Australian researchers observed that heart attack patients possess elevated amounts of *trans* fat in their adipose tissue, strongly linking heart disease with long-term consumption of *trans* fat.¹⁹
- 38. By taking blood samples from 179 survivors of cardiac arrest and 285 randomly-selected control patients and comparing the top fifth with the bottom fifth of participants by *trans* fat intake, another study published in the American Heart Association's *Circulation* found that the largest consumers of *trans* fat have

¹⁶ Mozaffarian, 354 New Eng. J. Med. at 1609.

¹⁷ See Mozaffarian, 354 New Eng. J. Med. at 1611.

¹⁸ Nicole M. De Roos *et al.*, *Replacement of Dietary Saturated Fatty Acids by Trans Fatty Acids Lowers Serum HDL Cholesterol and Impairs Endothelial Function in Healthy Men and Women*, 21 Am. Heart Assoc. 1233, 1233-37 (2001).

¹⁹ Peter M. Clifton *et al.*, *Trans Fatty Acids In Adipose Tissue And The Food Supply Are Associated With Myocardial Infarction*. 134 J. of Nutrition 874, 874-79 (2004).

4

5

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28

three times the risk of suffering primary cardiac arrest, even after controlling for a variety of medical and lifestyle risk factors.²⁰ **Diabetes** Artificial *trans* fat causes type 2 diabetes.²¹ 39. A 14-year study of 84,204 women found that for every 2 percent 40. increase in energy intake from *trans* fat, the relative risk of type 2 diabetes was 1.39. In other words, each 2 percent of calories from artificial *trans* fat increases the risk of type 2 diabetes by 39 percent.²² Cancer Trans fat is a known carcinogen shown to cause breast, prostate, and 41. colorectal cancer. A 13-year study of 19,934 French women showed 75 percent more 42. women contracted breast cancer in the highest quintile of trans fat consumption than did those in the lowest.²³ In a 25-year study of 14,916 U.S. physicians, the doctors in the 43. highest quintile of *trans* fat intake had over a 100% greater risk of developing prostate cancer than the doctors in the lowest quintile.²⁴ 44. A study of 1,012 American males observing trans fat intake and the ²⁰ Rozenn N. Lemaitre et al., Cell Membrane Trans-Fatty Acids and the Risk of Primary Cardiac Arrest, 105 Circulation 697, 697-701 (2002). ²¹ Am. Heart Ass'n., *Trans Fat Overview*. ²² Jorge Salmeron et al., Dietary Fat Intake and Risk of Type 2 Diabetes in Women, 73 Am. J. of Clinical Nutrition 1019, 1023 (2001). ²³ Véronique Chajès et al., Association between Serum Trans-Monounsaturated Fatty Acids and Breast Cancer Risk in the E3N-EPIC Study. 167 Am. J. of Epidemiology 1312, 1316 (2008).

²⁴ Jorge Chavarro et al., A Prospective Study of Blood Trans Fatty Acid Levels and Risk of Prostate Cancer., 47 Proc. Am. Assoc. of Cancer Research 95, 99 (2006).

11 12

13

14 15

16

17

18 19

20

22

21

23 24

25

26 27

28

risk of prostate cancer found "[c]ompared with the lowest quartile of total transfatty acid consumption, the higher quartiles gave odds ratios (ORs) equal to 1.58," meaning those in the highest quartile are 58% more likely to contract prostate cancer than those in the lowest.²⁵

- A 600-person study found an 86 percent greater risk of colorectal 45. cancer in the highest *trans* fat consumption quartile. ²⁶
- A 2,910-person study found "trans-monounsaturated fatty acids . . . were dose-dependently associated with colorectal cancer risk," which showed "the importance of type of fat in the etiology and prevention of colorectal cancer."²⁷
- 47. The serious health conditions caused by trans fat consumption only occur from artificial trans fat, not the trace natural trans fat found in ruminant sources:

Of four prospective studies evaluating the relation between the intake of trans fatty acids from ruminants and the risk of CHD, none identified a significant positive association, whereas three identified nonsignificant trends toward an inverse association. . . . [T]he sum of the current evidence suggests that the public health implications of consuming trans fats from ruminant products are relatively limited.²⁸

The grave, concrete risks of artificial trans fat consumption far outweigh any conceivable benefits of Kroger's conduct.

There is no health benefit to artificial trans fat consumption and "no 48.

²⁵ Xin Liu et al., Trans-Fatty Acid Intake and Increased Risk of Advanced Prostate Cancer: Modification by RNASEL R462Q Variant, 28 Carcinogenesis 1232, 1232 (2007).

²⁶ L.C. Vinikoor et al., Consumption of Trans-Fatty Acid and its Association with Colorectal Adenomas, 168 Am. J. of Epidemiology 289, 294 (2008).

²⁷ Evropi Theodoratou et al., Dietary Fatty Acids and Colorectal Cancer: A Case-Control Study, 166 Am. J. of Epidemiology 181 (2007).

²⁸ Mozaffarian, 354 New Eng. J. Med. at 1608-1609.

49. According to the established consensus of the scientific community, consumers should keep their consumption of *trans* fat "as low as possible."³⁰

 50. As Dr. Dariush Mozaffarian notes in the New England Journal of Medicine:

[F]rom a nutritional standpoint, the consumption trans fatty acids results in considerable potential harm but no apparent benefit. . . . Thus, complete or near-complete avoidance of industrially produced trans fat—a consumption of less than 0.5 percent of the total energy intake—may be necessary to avoid adverse effects and would be prudent to minimize health risks.³¹

<u>Trans</u> fat is so inherently dangerous that it is being banned in an increasing number of American states and European countries.

- 51. In 2008, California became the first state to ban all restaurant food with artificial *trans* fat, a law affecting approximately 88,000 eating establishments. *Trans* fats are now banned in restaurants as of January 1, 2010.
- 52. New York City banned all *trans* fat in its 20,000 food establishments in 2006. Similar laws exist in Philadelphia; Baltimore; Stamford, Connecticut; and Montgomery County, Maryland.
 - 53. A 2004 Danish law restricted all foods to under 2 percent of calories

²⁹ Food & Nutrition Bd., Inst. of Med., Dietary Reference Intakes For Energy, Carbohydrate, Fiber, Fat, Fatty Acids, Cholesterol, Protein, and Amino Acids (2005).

³⁰ Food & Nutrition Bd., Inst. of Med., Dietary Reference Intakes For Energy, Carbohydrate, Fiber, Fat, Fatty Acids, Cholesterol, Protein, and Amino Acids 424 (2005).

³¹ Mozaffarian, 354 New Eng. J. Med. at 1609.

15 16

17 18

19

20

21

22

23 24

25 26

27

28

from *trans* fat. Switzerland made the same restriction in 2008.³²

- After conducting a surveillance study of Denmark's trans fat ban, 54. researchers concluded the change "did not appreciably affect the quality, cost or availability of food" and did not have "any noticeable effect for the consumers." 33
- In 2006, a trans fat task force co-chaired by Health Canada and the 55. Heart and Stroke Foundation of Canada recommended capping *trans* fat content at 2 percent of calories for tub margarines and spreads and 5 percent for all other foods. On September 30, 2009, British Columbia became the first province to impose these rules on all restaurants, schools, hospitals, and special events.³⁴

Direct consumption of dietary cholesterol is unrelated to heart disease.

- 56. By raising bad cholesterol and lowering good cholesterol levels, trans fat raises the risk of CHD more than any other known nutritive product.³⁵ By contrast, dietary cholesterol intake is unrelated to CHD risk.³⁶
 - Kroger, however, markets the Kroger Margarines as "A Cholesterol 57.

³² Andrew Collier, *Deadly Fats: Why Are We still Eating Them?*, The Independent (UK), June 10, 2008.

³³ Mozaffarian, 354 New Eng. J. Med. at 1610; see also High Levels of Industrially Produced Trans Fat in Popular Fast Food, 354 New Eng. J. Med. 1650, 1652 (2006).

³⁴ Province Restricts Trans Fat in B.C., British Columbia Ministry of Healthy Living and Sport Press Release (2009), available at

http://www2.news.gov.bc.ca/news releases 2005-2009/2009HLS0013-000315.htm.

³⁵ Mozaffarian, 354 New Eng. J. Med. at 1602.

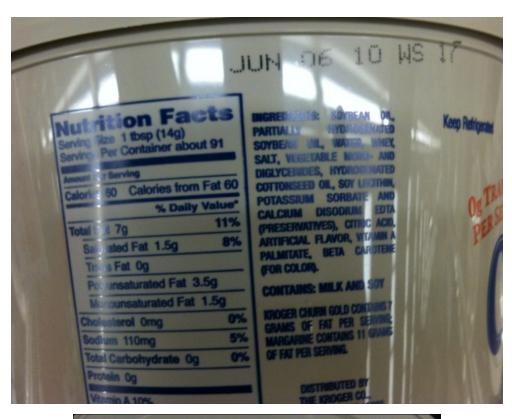
³⁶ Katja L. Esrey et al., Relationship Between Dietary Intake and Coronary Heart Disease Mortality: Lipid Research Clinics Prevalence Follow-up Study, 49 J. Clin. Epidemiol 2:211, 212-216 (1996). See also Barbara Millen Posner et al., Dietary Lipid Predictors of Coronary Heart Disease in Men: The Framingham Study, 151 Arch Intern Med 1181, 1184-86 (June 1991).

Free Food," implying a connection between dietary cholesterol and disease where none exists, thereby misleading consumers who purchase the Kroger Margarines believing they are healthy when the Kroger Margarines in fact contain substantial and dangerous levels of artificial trans fat. Kroger's "A Cholesterol Free Food" claims further insinuate that 58. consumption of the Kroger Margarines is useful for the maintenance of healthy serum cholesterol levels when in fact the consumption of the *trans*-fat laden Kroger Margarines negatively impacts serum cholesterol levels. Kroger thus deceives consumers concerned about cardiovascular health into purchasing products harmful to their hearts.

SPECIFIC MISREPRESENTATIONS, MATERIAL OMISSIONS, AND DECEPTIVE ACTS

Kroger ChurnGold Margarine







- 59. **Misleading cholesterol claim:** Kroger prominently labels Kroger ChurnGold Margarine "a Cholesterol Free Food."
- 60. As described in detail above, the risk of CHD is not related to the consumption of dietary cholesterol, but to the serum levels of LDL cholesterol relative to HDL cholesterol. Kroger's ChurnGold Margarine contains substantial and dangerous levels of artificial *trans* fat, which increases LDL cholesterol and decreases HDL cholesterol levels. Kroger capitalizes on a common misperception of the relative importance of dietary cholesterol to fool consumers who are concerned about heart health, leading them to purchasing a product that increases their LDL serum cholesterol, lowers their HDL serum cholesterol, and raises their risk for heart disease, diabetes, and cancer.
- 61. **Misleading** *trans* **fat claim:** Kroger prominently labels Kroger ChurnGold Margarine "0g TRANS FAT PER SERVING."
- 62. Kroger ChurnGold Margarine contains various hydrogenated oils. As described in detail above, the process of hydrogenating oils creates artificial *trans* fats. Thus, Kroger ChurnGold Margarine contains artificial *trans* fats and Kroger's claim of "0g TRANS FAT PER SERVING" is literally false.

Kroger Soft Margarine

SOFT REFRIGERATED

WALTTY GUARANTER

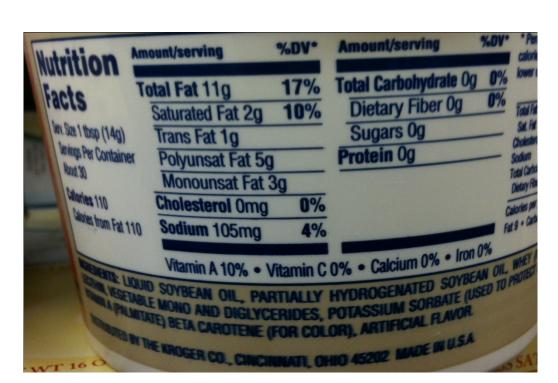
A Cholesterol Free Food
See nutrition information for fat and saturated fat content.

SERVING SUBGESTION CONTENTS

SERVING SUBGESTION CONTENTS

SUBGESTION CON





- 63. **Misleading cholesterol claim:** Kroger prominently labels Kroger Soft Margarine "A Cholesterol Free Food."
- 64. As described in detail above, the risk of CDH is not related to the consumption of dietary cholesterol, but to the serum levels of LDL cholesterol relative to HDL cholesterol. Kroger's Soft Margarine contains substantial and dangerous levels of artificial *trans* fat, which increases LDL cholesterol and decreases HDL cholesterol levels. Kroger capitalizes on a common misperception of the relative importance of dietary cholesterol to fool consumers who are concerned about heart health, leading them to purchasing a product that increases their LDL serum cholesterol, lowers their HDL serum cholesterol, and raises their risk for heart disease, diabetes, and cancer.

Kroger Value Graham Crackers

	om Eat/Caloria	s derivadas de	la Grasa 30
alories/Calorias 120 Calories fr	MI Fau Calonia	Value* / % del	Valor Diario*
Total 2a	/s bany		5%
otal Fat/Grasa Total 3g Saturated Fat/Grasa Satur	ada 0.50		3%
Trans Fat/Grasa Trans Og	404 0.09		
holesterol/Colesterol Omg			0%
Godium/Sodio 180mg			8%
otal Carbohydrate/Total de	Carbohidr	atos 20g	7%
Dietary Fiber/Fibra Dietéti			5%
Sugars/Azúcares 5g			
on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	Los Valores de lo basado en una di valores diarios pi	Vitamin/Vita Iron/Hierro 4 s porcentajes Diari eta de 2,000 calorí ueden ser mayor o sus necesidades ca 2,000	1% os estan as. Sus menor
	than/Menos de	65g 20g	80g 25g
Cholesterol/Colesterol Less	than/Menos de than/Menos de than/Menos de	300mg 2,400mg 300g 25g	300mg 2,400mg 375g 30g

- 65. **Misleading trans fat claim:** Kroger prominently labels Kroger Value Graham Crackers "0g TRANS FAT PER SERVING" and "0g DE GRASA TRANS POR PORCION" (the Spanish equivalent).
- Kroger Value Graham Crackers contains partially hydrogenated oil. As described in detail above, the process of hydrogenating oils creates artificial trans fats. Thus, Kroger ChurnGold Margarine contains artificial trans fats and Kroger's claim of "0g TRANS FAT PER SERVING" is literally false.

CLASS ACTION ALLEGATIONS

- Plaintiffs bring this action on behalf of themselves and all others similarly situated (the "Class") in accordance with Rule 23 of the Federal Rules of
 - The Class is defined as:

All persons (excluding officers, directors, and employees of Kroger) who purchased, on or after January 1, 2000, Kroger ChurnGold Margarine, Kroger Soft Margarine, and/or Kroger Graham Crackers in the United States for their own use rather than resale or distribution.

- Questions of law and fact common to Plaintiffs and the Class include:
 - Whether Kroger contributed to, committed, and/or is responsible for the conduct alleged herein;
 - Whether Kroger's conduct constitutes the violations of law alleged herein;
 - Whether Kroger acted willfully, recklessly, negligently, or with gross negligence in the violations of law alleged herein; and
 - Whether Class members are entitled to compensatory, injunctive, and other equitable relief.
- By purchasing and/or using the Kroger Products, all Class members were subjected to the same wrongful conduct.
 - Absent Kroger's deceptive claims and fraudulent omissions, Plaintiffs

and class members would not have purchased the Kroger Products.

- 72. Plaintiffs' claims are typical of the Class's claims. Plaintiffs will fairly and adequately protect the interests of the Class, have no interests that are incompatible with the interests of the Class, and have retained counsel competent and experienced in class litigation.
- 73. The Class is sufficiently numerous, as it includes at least hundreds of thousands of individuals who purchased the Kroger Products throughout the United States during the class period.
- 74. Class representation is superior to other options for the resolution of the controversy. The relief sought for each Class member is small. Absent the availability of class action procedures, it would be infeasible for Class members to redress the wrongs done to them.
- 75. Kroger has acted on grounds applicable to the Class, thereby making appropriate final injunctive relief or declaratory relief concerning the Class as a whole.
- 76. Questions of law and fact common to the Class predominate over any questions affecting only individual members.

Kroger fraudulently concealed the health hazards of consuming its products.

77. Any applicable statute of limitations is tolled by Kroger's affirmatively concealing and publicly misrepresenting its violations of law as described herein. A reasonable consumer would have relied on the deceptive and false claims made on the packaging of the Kroger Products, and through the exercise of reasonable diligence would not have discovered the violations alleged herein because Kroger actively and purposefully concealed the truth regarding its products.

FIRST CAUSE OF ACTION

2 3

Violations of the California Unfair Competition Law, Bus. & Prof. Code § 17200 et seq.,

4

and the Common Law of Unfair Competition

5 6

78. Plaintiffs reallege and incorporate the allegations elsewhere in the

7

Bus. & Prof. Code § 17200 prohibits any "unlawful, unfair or fraudulent business act or practice."

8 9

80. The acts, omissions, misrepresentations, practices, and nondisclosures of Kroger as alleged herein constitute "unlawful" business acts and practices in that Kroger's conduct violates the False Advertising Law and the

11 12

10

Consumer Legal Remedies Act.

Complaint as if set forth in full herein.

13

81. The acts, omissions, misrepresentations, practices, and nondisclosures of Kroger as alleged herein constitute "unfair" business acts and

14 15

practices in that Kroger's conduct is immoral, unscrupulous, and offends public

16

policy. Further, the gravity of Kroger's conduct outweighs any conceivable benefit

17

of such conduct.

general public.

18

19

82. misrepresentations, practices, acts. omissions, disclosures of Kroger as alleged herein constitute "fraudulent" business acts and

20

practices in that Kroger's conduct has a tendency to deceive the Class and the

21

83. By violating the California Unfair Competition Law, Kroger also violated the common law of unfair competition.

23

22

84. In accordance with Bus. & Prof. Code § 17203, Plaintiffs seek an

24

order enjoining Kroger from continuing to conduct business through unlawful,

26

unfair, and/or fraudulent acts and practices and to commence a corrective advertising campaign.

1	85. Plaintiffs further seek an order for the disgorgement and restitution of						
2	all monies from the sale of the Kroger Products, which were acquired through acts						
3	of unlawful, unfair, and/or fraudulent competition.						
4	SECOND CAUSE OF ACTION						
5	Violations of the California False Advertising Law,						
6	Bus. & Prof. Code § 17500 et seq.						
7	86. Plaintiffs reallege and incorporate the allegations elsewhere in the						
8	Complaint as if set forth in full herein.						
9	87. In violation of Bus. & Prof. Code § 17500 et seq., the advertisements,						
10	labeling, policies, acts, and practices described herein were designed to, and did,						
11	result in the purchase and use of the Kroger Products without the knowledge that						
12	the toxic artificial trans fats contained within could negatively affect cholesterol						
13	levels.						
14	88. Kroger knew and reasonably should have known that the labels on the						
15	Kroger Products were untrue and/or misleading.						
16	89. As a result, Plaintiffs, the Class, and the general public are entitled to						
17	injunctive and equitable relief, restitution, and an order for the disgorgement of the						
18	funds by which Kroger was unjustly enriched.						
19	THIRD CAUSE OF ACTION						
20	Violations of the Consumer Legal Remedies Act,						
21	Civ. Code § 1750 et seq.						
22	90. Plaintiffs reallege and incorporate the allegations elsewhere in the						
23	Complaint as if set forth in full herein.						
24	91. The CLRA prohibits deceptive practices in connection with the						
25	conduct of a business that provides goods, property, or services primarily for						
26	personal, family, or household purposes.						
27	92. Kroger's policies, acts, and practices were designed to, and did, result						
28	24						

An Order compelling Kroger to destroy all misleading and deceptive 1 E. 2 advertising materials and products. 3 An Order requiring Kroger to pay restitution to restore all funds F. acquired by means of any act or practice declared by this Court to be an unlawful, 4 unfair, or fraudulent business act or practice, untrue or misleading advertising, or a 5 violation of the CLRA, plus pre-and post-judgment interest thereon; 6 7 G. Costs, expenses, and reasonable attorneys' fees; Any other and further relief the Court deems necessary, just, or 8 H. 9 proper. 10 JURY DEMAND 11 Plaintiffs demand a trial by jury on all causes of action so triable. 12 DATED: February 10, 2010 13 Respectfully Submitted, 14 15 16 GREGORY S. WESTON 17 JACK FITZGERALD 18 888 Turquoise Street San Diego, CA 92109 19 Telephone: 858 488 1672 20 Facsimile: 480 247 4553 21 BECK & LEE BUSINESS TRIAL 22 LAWYERS JARED H. BECK 23 ELIZABETH LEE BECK 24 28 West Flagler Street, Suite 555 Miami, FL 33130 25 Telephone: 305 789 0072 26 Facsimile: 786 664 3334 27 Counsel for Plaintiffs 28 26

UNITED STATES DISTRICT COURT CENTRAL DISTRICT OF CALIFORNIA

NOTICE OF ASSIGNMENT TO UNITED STATES MAGISTRATE JUDGE FOR DISCOVERY

This case has been assigned to District Judge Dolly Gee and the assigned discovery Magistrate Judge is Margaret A. Nagle.

The case number on all documents filed with the Court should read as follows:

CV10- 1025 DMG (MANx)

Pursuant to General Order 05-07 of the United States District Court for the Central District of California, the Magistrate Judge has been designated to hear discovery related motions.

All discovery related motions should be noticed on the calendar of the Magistrate Judge

NOTICE TO COUNSEL

A copy of this notice must be served with the summons and complaint on all defendants (if a removal action is filed, a copy of this notice must be served on all plaintiffs).

Subsequent documents must be filed at the following location:

[X] Western Division 312 N. Spring St., Rm. G-8 Los Angeles, CA 90012 Southern Division
411 West Fourth St., Rm. 1-053
Santa Ana, CA 92701-4516

Eastern Division 3470 Twelfth St., Rm. 134 Riverside, CA 92501

Failure to file at the proper location will result in your documents being returned to you.

Name & Address: The Kroger Co. CSC - Lawyers Incorporating Service 2730 Gateway Oaks Drive Suite 100 Sacramento, CA 95833 UNITED STATES DISTRICT COURT CENTRAL DISTRICT OF CALIFORNIA JENNIFER RED and REBECCA YUMUL, on Behalf CASE NUMBER of Themselves and All Others Similarly Situated, **CV10-01025 DMG(MANX)** PLAINTIFF(S) V. THE KROGER COMPANY, **SUMMONS** DEFENDANT(S). DEFENDANT(S): The Kroger Company TO: A lawsuit has been filed against you. Within 21 days after service of this summons on you (not counting the day you received it), you must serve on the plaintiff an answer to the attached ☑ complaint ☐ amended complaint □ counterclaim □ cross-claim or a motion under Rule 12 of the Federal Rules of Civil Procedure. The answer or motion must be served on the plaintiff's attorney, Gregory S. Weston , whose address is The Weston Firm, 888 Turquoise Street, San Diego, CA 92109 . If you fail to do so, judgment by default will be entered against you for the relief demanded in the complaint. You also must file your answer or motion with the court. Clerk, U.S. District Court FEB 1 1 2010 NANCY Dated: Deputy Clerk 000000000

[Use 60 days if the defendant is the United States or a United States agency, or is an officer or employee of the United States. Allowed 60 days by Rule 12(a)(3)].

1144

(Seal of the Court)

CV-01A (12/07)

UNITED STATES DISTRICT COURT, CENTRAL DISTRICT OF CALIFORNIA CIVIL COVER SHEET

Others Similarly Situated	lves and All	DEFENDANTS THE KROGER COI	MPAN	Y						
yourself, provide same.) The Weston Firm, Gregory 92109, (858) 488-1672;	dress and Telephone Number. If y S. Weston, 888 Turquoise Stree Beck and Lee Business Trial Lav te 555, Miami, FL 33130, (305)	et, San I	Diego, CA ared H. Beck,	attorneys (If Known)						
II. BASIS OF JURISDICTION	(Place an X in one box only.)		III. CITIZENSE	IIP OF PRINCIPAL in one box for plaintiff	PART	IES -	For Diversity Case	s Only		
□ 1 U.S. Government Plaintiff	3 Federal Question (U.S. Government Not a Party	')	Citizen of This Sta			DEF			PTF □ 4	DEF
☐ 2 U.S. Government Defendant	☐ 4 Diversity (Indicate Citiz of Parties in Item III)	enship	Citizen of Anothe	r State	□2	□2	Incorporated and of Business in A		□ 5	□ 5
			Citizen or Subject	of a Foreign Country	□3	□ 3	Foreign Nation		□6	□6
Proceeding State Co	d from 3 Remanded from urt Appellate Court	Re	eopened	Transferred from anoth			Dist	rict Judg	eal to I ge from gistrate	1
V. REQUESTED IN COMPLA	1	Yes								
CLASS ACTION under F.R.C.				ONEY DEMANDED						
VI. CAUSE OF ACTION (Cite	the U.S. Civil Statute under whi	ch you	are filing and write	a brief statement of ca	use. D	o not c	eite jurisdictional st	atutes unless div	ersity.)	
VII. NATURE OF SUIT (Place	Lanham Act, 15 U.S.C. § 1125	_								
 □ 410 Antitrust □ 430 Banks and Banking □ 450 Commerce/ICC Rates/etc. □ 460 Deportation □ 470 Racketeer Influenced and Corrupt Organizations □ 480 Consumer Credit □ 490 Cable/Sat TV □ 810 Selective Service □ 850 Securities/Commodities/ Exchange □ 875 Customer Challenge 12 USC 3410 □ 489 Other Statutory Actions □ 891 Agricultural Act □ 892 Economic Stabilization Act □ 893 Environmental Matters □ 894 Energy Allocation Act □ 895 Freedom of Info. Act □ 900 Appeal of Fee Determination Under Equal 	CONTRACT 110 Insurance 120 Marine 130 Miller Act 140 Negotiable Instrument 150 Recovery of Overpayment & Enforcement of Judgment 151 Medicare Act 152 Recovery of Defaulted Student Loan (Excl. Veterans) 153 Recovery of Overpayment of Veteran's Benefits 160 Stockholders' Suits 190 Other Contract 195 Contract Product Liability 196 Franchise REAL PROPERTY 210 Land Condemnation 220 Foreclosure 230 Rent Lease & Ejectment 240 Torts to Land 245 Tort Product Liability	□ 310 □ 315 □ 320 □ 330 □ 340 □ 345 □ 350 □ 362 □ 362 □ 365 □ 368 □ 368	TORTS RSONAL INJURY Airplane Airplane Product Liability Assault, Libel & Slander Fed. Employers' Liability Marine Marine Product Liability Motor Vehicle Motor Vehicle Product Liability Other Personal Injury Med Malpractice Personal Injury- Med Malpractice Personal Injury- Med Malpractice Personal Injury- Motor Vehicle Product Liability Other Personal Injury Med Malpractice Personal Injury- Med Malpractice Personal Injury- Nabestos Personal Injury Product Liability MMIGRATION Naturalization Application Habeas Corpus- Alien Detainee Other Immigration Actions	□ 385 Property Da Product Lial BANKRUPTC* □ 422 Appeal 28 U 158 □ 423 Withdrawal USC 157 CIVIL RIGHTS □ 441 Voting □ 442 Employmen □ 443 Housing/Ac mmodations □ 444 Welfare □ 445 American w Disabilities Employmen □ 446 American w Disabilities Other □ 440 Other Civil Rights	nding nal mage mage bility Y ISC 28 It co-	□ 510 □ 530 □ 535 □ 540 □ 555 □ 560 □ 620 □ 625 □ 630 □ 640 □ 650 □ 660	PRISONER PETITIONS Motions to Vacate Sentence Habeas Corpus General Death Penalty Mandamus/ Other Civil Rights Prison Condition DRFEITURE / PENALTY Agriculture Other Food & Drug Drug Related Seizure of Property 21 USC 881 Liquor Laws R.R. & Truck Airline Regs Occupational Safety /Health Other	LAB 710 Fair La Act	Mgmt. ns Mgmt. ns Mgmt. ns Mgmt. ng & ure Act / Labor abor on let. Inc. / Act / RIGH ghts ark ECURI' 195ff) ung (92 DIWW) ittle XV 5(g)) AX SU U.S. Pla ndant) ird Part	t Act Act TY 23) TI JITS aintiff
			Actions							
☐ 950 Constitutionality of	CVI	0.01	025 DMG(1	MANING						

CV-71 (05/08)

UNITED STATES DISTRICT COURT, CENTRAL DISTRICT OF CALIFORNIA CIVIL COVER SHEET

If yes, list case number(s):	Has this action been p	reviously filed in this court and dismissed, remanded or closed? ▼No □ Yes					
VIII(b). RELATED CASES: H If yes, list case number(s): CV10	ave any cases been p -00927 MMM (AJ	eviously filed in this court that are related to the present case? \square No \square Yes					
	A. Arise from the sar B. Call for determina C. For other reasons	se and the present case: e or closely related transactions, happenings, or events; or ion of the same or substantially related or similar questions of law and fact; or yould entail substantial duplication of labor if heard by different judges; or atent, trademark or copyright, and one of the factors identified above in a, b or c also is present.					
IX. VENUE: (When completing	the following informa	tion, use an additional sheet if necessary.)					
(a) List the County in this District Check here if the government	ct; California County t, its agencies or emp	outside of this District; State if other than California; or Foreign Country, in which EACH named plaintiff byees is a named plaintiff. If this box is checked, go to item (b).	resides.				
County in this District:*		California County outside of this District; State, if other than California; or Fore	ign Country				
Los Angeles							
(b) List the County in this District Check here if the government	et; California County t, its agencies or empl	outside of this District; State if other than California; or Foreign Country, in which EACH named defendan byees is a named defendant. If this box is checked, go to item (c).	t resides.				
County in this District:*		California County outside of this District; State, if other than California; or Forei	ign Country				
		Ohio					
(c) List the County in this District Note: In land condemnation	t; California County cases, use the locati	utside of this District; State if other than California; or Foreign Country, in which EACH claim arose. on of the tract of land involved.					
County in this District:*		California County outside of this District; State, if other than California; or Forei	ign Country				
Los Angeles							
* Los Angeles, Orange, San Bern Note: In land condemnation cases,	ardino, Riverside, V	entura, Santa Barbara, or San Luis Obispo Counties tract of land involved					
X. SIGNATURE OF ATTORNEY	(OR PRO PER):	Gray Weth Date Z-10-10					
or other papers as required by I	aw. This form, appro	vil Cover Sheet and the information contained herein neither replace nor supplement the filing and service or yed by the Judicial Conference of the United States in September 1974, is required pursuant to Local Rule 3-1 of statistics, venue and initiating the civil docket sheet. (For more detailed instructions, see separate instructions)	is not filed				
Key to Statistical codes relating to	Social Security Cases						
Nature of Suit Code	e Abbreviation	Substantive Statement of Cause of Action					
861	НІА	All claims for health insurance benefits (Medicare) under Title 18, Part A, of the Social Security Act, as Also, include claims by hospitals, skilled nursing facilities, etc., for certification as providers of services program. (42 U.S.C. 1935FF(b))	amended. under the				
862	BL	All claims for "Black Lung" benefits under Title 4, Part B, of the Federal Coal Mine Health and Safety A (30 U.S.C. 923)	ing" benefits under Title 4, Part B, of the Federal Coal Mine Health and Safety Act of 1969.				
863	DIWC	All claims filed by insured workers for disability insurance benefits under Title 2 of the Social Security Amended; plus all claims filed for child's insurance benefits based on disability. (42 U.S.C. 405(g))	Act, as				
863	DIWW	All claims filed for widows or widowers insurance benefits based on disability under Title 2 of the Social Security Act, as amended. (42 U.S.C. 405(g))					
864	SSID	All claims for supplemental security income payments based upon disability filed under Title 16 of the State, as amended.	ocial Security				
865	RSI	All claims for retirement (old age) and survivors benefits under Title 2 of the Social Security Act, as ame U.S.C. (g))	nded. (42				

CIVIL COVER SHEET

Page 2 of 2

CV-71 (05/08)